

COUNSELING

Organization Name	Address	Contact Name(s)	Phone	Email	Geographic Area(s)	Hours	Service Requirements	Target population	Primary Services	Additional Services
First United Methodist Church Garland	801 W Ave B Garland, TX 75040	Mike O'Quinn	214-668-0639	woodbadge38@gmail.com	Garland Sachse Wylie	Walk Ins Mon-Thur 9am-4:30pm Fri 9:00am-12pm			Religion & Counseling Support and Physical Needs	Pastoral Counseling Center, Parent Education, Disaster Relief, Temporary Living for GISD families, Food Pantry, Childcare, GLOWS, Hope Clinic
Five Stone Community Church	1600 W Campbell Rd Garland, TX 75044	Steven Polk	972-495-4818	steven@fivestonechurch.com					Spiritual Guidance	
HI DIVA! PEI Education Program	3960 Broadway Blvd. Suite 205	Kandre Covington-Smith Andre Smith	469-226-8922 469-432-5078	hidiva_qoh@yahoo.com	Garland Rowlett Sachse				Prevention/Intervention Services, Counseling, Parent Workshops, Education	
The Counseling Institute of Texas	3200 Southern Dr. #100 Garland, TX 75043	Susan Hennum Sue Mifflin	972-271-4300	shennum@citexas.org office@citexas.org	Texas	Call for an appointment Mon-Thurs 9am-9pm Fri & Sat 9am-3pm	Appointment only	N/A	Counseling (excludes drug and alcohol counseling) Sliding scale, Free Family Tree Program & grants for Garland families	Anger Management, Employee Assistance, Volunteer Training, Background Checks, Suicide Risk Assessments
The Senior Source	3910 Harry Hines Dallas, TX 75219	Gretchin Feinhals	214-823-5700	gfeinhals@theseniorsource.org	Dallas County Collin County	Call for appointment		Senior/Older Adult	Counseling & Casework	Money/Financial Guidance & Management, Job Search Assistance, Geriatric Care Mgt, Nursing Home Advocacy, In-home Companions, Guardianship Services, Senior Education, Volunteer Opportunities
Unite Greater Dallas	8330 LBJ Freeway #1040 Dallas, TX 75243	Mary Ondari	972-424-0681	admin@unitethechurch.org mary@unitethechurch.org	Greater Dallas Collin Denton					

EDUCATION & JOB ASSISTANCE

Organization Name	Address	Contact Name(s)	Phone	Email	Geographic Area(s)	Hours	Service Requirements	Target population	Primary Services	Additional Services
Achievement Center of Texas	2905 N. Shiloh Rd. Garland, TX 75044	Rose Taylor	972-414-7700	admissions@achievementcenteroftexas.org	Dallas Collin and Sourrounding aAreas	Mon-Fri 7am-6pm	Intake interview	Children and adults with disabilities (3yrs-50+yrs) Must be low income for community development block grant	Day Care & Day Hab	After School Program
Childcare Group Anderson Center Head Start	625 E Avenue B Garland, TX 75040	Ashley Black Isaias Martinez	972-276-6508	ablack@ccgroup.org imartinez@ccgroup.org	Garland, Rowlette, Dallas, Addison, Sachse,	Mon-Fri 6:30am-5:30pm	Low income families	Ages 0-5 yrs old	Early Childhood Education	Adult Education and Job Assistance Speech and Occupational Therapy, Utility assistance, Clothing, Bus Passes, Community Resource Referrals Research and Advocacy for child nutrition Family Well-being and Human Trafficking
Children at Risk	3625 N. Hall St. Dallas, TX 75204	Jenny Eyer Julie Morris	214-599-0072	jejer@childrenatrisk.org jmorris@childrenatrisk.org	North Texas		None	Children ages 0-18yrs old	Food and Nutrition Education and Parenting	
City of Garland Neighborhood Vitality	800 Main St - 2nd floor Garland, TX 45040	Nancy Tunell Laura Castillo Front Desk	972-205-3864 972-205-2451 972-205-2445	ntunell@garlandtx.gov lcastillo@garlandtx.gov neighborhoods@garlandtx.gov	Garland	M-F 8am-5pm	Garland residents	Garland residents	Community Development, Neighborhood Management Education, Volunteer Opportunities	Home Improvement Assistance, Community Input Meetings, Neighborhood Based Improvement Plans
Culture Makers	1009 W Ave F Garland, TX	Moses Uvere	469-226-7282	contactus@culturemakersusa.org	Garland	Mom-Fri 8-5pm	Garland residents	All Ages	Cultural Events	Food, Clothes, Entertainment and Music
Dallas Assoc. for Parent Education/DAPE	801 W. Ave B Garland, TX 75040	Dawn Hallman Sylvia Nava	972-699-0420 Warmline Help: 972-699-7742	dallasparentseducation@gmail.com	Dallas County Collin County Rockwall County	Visit dallas parents.org for schedule of classes		Parents/families of children 1-12 yrs old	Parent Education	Teacher Professional Development

Garland CAN Academy	2256 Arapaho Rd Garland, TX 75044	Shawntia Tyson	Main: 972-441-7202 214-869-3394	styson@texanscan.org	Garland area	Register on line texanscan.org Walk-ins: Mon-Fri 8am-11:30am and 1:30pm-3:30pm	9th - 12th Grade Up to age 21	Students at risk of not graduating from traditional high school	High School Diploma	Special Ed., ESL
Garland Multicultural Commission	200 N. 5th St Garland, TX	Jennifer Nguyen (Chair)		jennifer.nguyen50@gmail.com	Garland				Connects diverse groups with City of Garland City Counsel.	
Garland Opportunity and Development Center	2660 Belt Line Rd. Garland, TX	Cathi Haug	214-563-2771	cathihaug@garlandodc.org	DFW Area				Life Skill Training	
Lakeview Centennial High School	3505 Hayman Dr. Garland, TX	Julie Nelson	972-240-3740 972-679-0409 cell	jnelson@garlandisd.net	Garland Rowlett Sachse			Garland ISD 18-21yrs old with special needs	Employment	
Naaman Forest High School	4843 Naaman Forest Blvd Garland, TX	Brenda Avance	214-402-1583 cell	bhavance@garlandisd.net	Garland Rowlett Sachse			Garland ISD 18-21yrs old with special needs	Transition program	
Northplace After School Program	2800 Pleasant Valley Sachse, TX 75048	Sonya Reynolds	469-323-6624	sonyar@northplacechurch.com	South & Central Garland		Scholarships available (must apply)	Children in GISD schools in 1st-5th grade	Literacy Tutoring and Mentoring	
RED Program	100 Hillcrest Medical Blvd. Waco, TX 76712	Tasha Whitaker	254-202-6531	tasha.whitaker1@bswhealth.org	Texas			Ages 14-26	Drug and Alcohol Education Traffic Safety	Education for schools and communities. Hand on activities
Richland College Garland Campus	675 W. Walnut Garland, TX	Ron Bowman	214-360-1238 214-360-1201	RonB@dcccd.edu	Dallas County Collin County Rockwall County		Must have documentation to work	Young adult 18-24 years of age	Vocational Education	
Richland College Garland Campus Workforce Training	675 W. Walnut Garland, TX	Rosalie Conoly Ron Bowman	214-360-1201 214-360-1238	Rxc8510@dcccd.edu RonB@dcccd.edu	North Texas	Mon-Fri 8am-5pm	Texas ID, Social Security, Birth Certificate	N/A	Vocational Training, Marketable Skill and/or College	
South Garland High School	600 Colonel Dr. Garland, TX	JoAnn Reinolds	972-926-2700 x60563	jareinol@garlandisd.net	Garland Rowlett Sachse			Garland ISD 18-21yrs old with special needs	Community Service Referrals and Vocational Assistance	
TX Workforce Solutions Vocational Rehab Services	1919 S. Shiloh Rd. Suite 420 Garland TX 75042	Jana Thomas	214-778-4931	jana.thomas@twc.state.tx.us david.vershaw@twc.state.tx.us	Call for closet office	Mon-Fri 8am-5pm	No requirements to apply	Individuals with a medical diagnosis and/or disability	Employment Counseling and Guidance	Supported employment, Technology Assistance , Job Training, Referral & Information. Most services are free or on a sliding scale.
West Garland Head Start	3709 W. Walnut Dr Garland, TX	Sherry Smith Lorna Sanchez	469-250-43-60	ssmith2@hsgd.org lsanchez@hsgd.org	Dallas County	Office Hours: Mon-Fri 9am-5pm	Low income families	Preschool Age (3-5) Children	Preschool Services	Social Services to serviced families
Workforce Solutions Greater Dallas	210 N. Tenth St. Garland, TX 75040	Nicole Arrington	469-600-9516	nicole.arrington@rescare.com	Garland North Dallas Rowlett Rockwall Mesquite		Register online (www.workintexas.com) as a job seeker		Employment, Training, Resume Writing, Interviewing, Job Search Assistance and Clothing Referrals	
Early Head Start Garland	4580 W. Buckingham Rd Garland, TX 75042	Antoinette Lee Brittney Williams	469-250-4300	alee@hsgd.org bwilliams3@hsgd.org	Dallas County	Mon-Fri 7am-5:30pm	Low income families	Pregnant Mothers Birth-5yrs old	Preschool Services	Social Services to serviced families
The Ikandy Foundation	PO Box 461462 Garland, TX 75046	Jane Diogu Edward Diogu	469-939-3023 469-939-7788	ikandyfoundation@gmail.com	All GISD students			Underprivileged youth	After school tutoring	Backpacks and Christmas gifts
FINANCIAL ASSISTANCE										
Organization Name	Address	Contact Name(s)	Phone	Email	Geographic Area(s)	Hours	Service Requirements	Target population	Primary Services	Additional Services
IRS -Volunteer Income Tax Assistance Program	1100 Commerce Dallas, TX 75242	April Lambert		april.v.lambert@irs.gov	Texas	Make appointment		Less than \$54K	Tax Prep	Assistance days for those with tax problems
Matthew 6 Ministries	2430 Lacy Lane #102 Carrollton, TX 75006	John Billimek	972-993-7272	info@matthew6ministries.org jbillimek@matthew6ministries.org	North Texas		Provides funding to non-governmental organizations who provides direct assistance.	Non-governmental Organizations	Provides funding to non-profits working to end childhood hunger and homelessness.	Attend events and donate 10% of concession sales OVER \$300 to that organization.

Salvation Army	451 West Ave. D Garland, TX 75040	Social Worker	972-272-4531		Garland Sachse Rowlett	Food Pantry: Mon & Wed 1-3:30pm Tues & Fri 9am-11:30am and 1-3:30pm GP&L Assistance Mon & Wed 8:30am Call for other utility or rent assistance	Photo ID, proof of income	Low income families	Rent & Utility Assistance - call for details	Food Pantry, Rental assistance, Cooling station, TXU and Rowlett utility assistance
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FOOD & CLOTHING

Organization Name	Address	Contact Name(s)	Phone	Email	Geographic Area(s)	Hours	Service Requirements	Target population	Primary Services	Additional Services
5 Loaves	4401 Williford Garland	Audrey Wallace	469-767-8071	fiveloaves@yahoo.com	Garland Sachse Wylie	Call for appointment	N/A	Anyone needing food assistance	Food Pantry	Diaper Bank, Support Groups, Life Skills Training for special needs individuals.
Friendship House	620 West Ave. B Garland, TX	Keith Christie	972-272-1010	keithc@fbcgarland.org	Garland Rowlett Sachse	Mon, Tues, Thurs, Fri 9:30am-3:30pm Wed - 9:30am-12pm	Photo ID, proof of residence within last 30 days	N/A	Food, Clothing, Household Items, City of Garland Utility Assistance	
Good Samaritans of Garland	214 North 12th Street Garland, TX	Pam Swendig Vicki Tumulty	Main: 972-276- 2263	info@goodsamofgarland.org pam.swendig@goodsamofgarland.org vicki.tumulty@goodsamofgarland.org	GISD communities	Public Hours: 9am-12pm and 1pm to 3:30pm Office open until 5pm	Garland, Rowlett, Sachse resident Call Friday, 8:30am, to schedule appointment for the following week. For partner referrals, please call Pam or Vicki.	Garland, Rowlett, Sachse and Homeless	Monthly for Housed: Food assistance (meat, dry goods, produce, dairy, and fruit as available). Twice a Week for Unhoused: 10-lb. bag of food, sandwiches, salads (as available). Monthly for Unhoused: hygiene packs Produce (as available) for clients Monday, Wednesday, and Friday, 1pm- 3:30pm.	Dallas County Health & Human Resources on site weekly for utility assistance. Appointments made through DCHHR office.
Hearts & Hands Food Pantry	1700 W. Kingsley Rd. Garland, TX	Pat Arrington Greg McLeroy	972-278-2175 214-274-5609	wparrington1@verizon.net	Garland	Tues & Thurs 9am- 12:30pm	2 forms of ID: picture ID, utility bill, or proof of income	Garland Residents in 75041 zip code	Food Assistance	Showers for Homeless
Life Message	4501 Rowlett Rd. Suite 200 Rowlett, TX 75088	Darla King	972-475-9800 x302	info@lifemessage.org darla@lifemessage.org	Texas	Registration & Food: Mon, Wed & Fri 12 4pm 60 yrs & up: Thurs 11- 1pm	Must bring picture ID & proof of current residence	N/A	Food Clothing provided on a case by case basis	
Metro Family Ministries @ The Roc	3375 Edgewood Garland, TX	Anna Nash Ethi Ragh	972-272-1002	acbrowser@hotmail.com	Garland	Mon-Fri 9am-5pm, or by appointment	N/A	Garland (for food pantry and pregnancy center only)	Food, Pregnancy Assistance, Family Programs and Classes	
Project 319	4702 Saturn Rd. Garland, TX	Wilma Muldrew	972-698-0608 214-717-0667		Garland Area	Wed 1pm-4pm at Shiloh Church 1st and 3rd Thurs at 1pm- 3pm @ Northlake Baptist Church (972-487-1293)	Anyone in need	Anyone in need of clothing	Clothing	
Saturn Road Church of Christ	3030 Saturn Rd. Garland, TX	Cindy Payne	972-271-2444	cindyp@saturnroad.org	South Garland	Wed 7-8pm	Care Play Read Program is for K5-4th grade children		Clothes Vouchers, Summer Nutrition Program and CarePlayRead	

HOMELESS, HOUSING & DISASTER

Organization Name	Address	Contact Name(s)	Phone	Email	Geographic Area(s)	Hours	Service Requirements	Target population	Primary Services	Additional Services
City of Garland Fair Housing Services	210 Carver Street #102 Garland, TX 75040	Denish Simon	972-205-3300	dsimon@garlandtx.gov	Garland	Mon-Fri 8am-5pm	By appointment to apply.	Homeless prevention	Rental assistance	Fair Housing Discrimination Complaints
City of Garland Housing and Community Services Department	800 Main St - 1st floor Garland, TX 75040	Mona Woodard	972-205-2130	mwoodard@garlandtx.gov	Garland	Mon-Fri 8am-4:30pm	Appointments must be made to apply for grants.	Those with income below 80% of area median income	Service dependent on funding received and on a first come, first served basis	

Dallas Area Agency on Aging	341 W. Mockingbird Ln #1000 Dallas, TX 75247	Donna Alexander	214-954-4267	dalexander@ccadvance.org	Dallas County	Must Complete Referral by calling 214-954-4257. Then make an appointment.	60+ years old	Elderly	Minor Residential Home Repairs	Minor Plumbing, Chores, Legal, Respite, Transportation and Health Maintenance Supplies
Garland ISD Student Services McKinney Vento (Homeless) Students	720 Stadium Dr. Garland, TX	Meighan Hylton Annette Himmelreich	972-494-8255	A870@garlandisd.net	Garland Rowlett Sachse	Mon-Thurs 8am-4:30pm Fri 8am-4pm	Application	Garland ISD McKinney Vento (homeless) students/families	Uniforms, Backpacks, School Supplies	Transportation (must qualify)
Hope's Door New Beginning Center	218 N. 10th St. Garland, TX 75040	Cindi Walker (Shelter Manager) Phillis Helums (Clinical Director)	972-422-2911 Crisis Line: 972-276-0057		DFW & surrounding areas	Call for appointment	Individuals and families affected by domestic abuse & violence	Victims and offenders of domestic violence	Emergency Shelter, Counseling, Batterer Intervention and Prevention	Community Education, Legal, Advocacy, Resale Stores
Jonathan's Place	6065 Duck Creek Dr Garland, TX 75043	Angie Daniel Laura Castillo	Main: 972-303-5303 903-449-3844	adaniel@kidnet.org			Abused and neglected children, teens, and young adults		Housing	Foster Care Programs, Girls Residential Treatment, Shelter, Transitional Living
Matthew 25:40 Project	2021 Saturn Rd Garland, TX	Mike Bencheck Debbie Rima	972-853-1523	mike@matthew2540project.org	Garland & surrounding areas	Appointments Available Sunday 11am - 6pm		Homeless/nearly homeless	Mentoring, ID assistance, other homeless resources (please be specific by other)	
Pickers Paradise	915 main St Garland, TX	Ed Standridge Trudy Jackson	972-978-4318	reliablestateserv@gmail.com	DFW Metroplex	Tues-Sat 10am-5pm			Provides fee/low cost household items and furniture.	Estate Liquidation Referrals to BedSmart in Plano for mattresses
MEDICAL & MENTAL HEALTH										
Organization Name	Address	Contact Name(s)	Phone	Email	Geographic Area(s)	Hours	Service Requirements	Target population	Primary Services	Additional Services
Compassus	12001 N. Central Expy #550 Dallas, TX 75243	Tim Verville	682-351-4683	timothy.verville@compassus.com	DFW	24/7			Hospice/End of Life Care	Education and Training
Garland/Vickery Health Center A Parkland Facility	802 Hopkins St Garland, TX	Herron Mitchell Javier Gonzalez Janeen Dantzler	214-266-0700 Appointment line for patients and other services 214-266-0652 Business Needs 214-266-0677	herron.mitchell@phhs.org javier.gonzalez-maese@phhs.org janeen.dantzler@dhhs.org	Dallas County		Log into website to register and make appointments parklandhospital.com/eve ntapplication	Underserved, Homeless, Underinsured, No insurance	Healthcare - Primary Care, Behavioral Health, Pharmacy, Lab, Radiology, Clinic, Women's Health, Social Services, Optometry	Education Specialty Services, Emergency, Trauma
GISD BE/ESL Vision Clinic	720 Stadium Dr.	Ana Lopez Dana Boles	972-494-8530	dmboles@garlandisd.net	Garland ISD	Mon-Thurs 8am-12pm, 1pm-4:30pm Fri 8am-12pm, 1pm-3pm	Appointments made by phone only	GISD students/families living in catchment area	Free Immunizations, Benefits Application Assistance	
Hope Clinic	800S 6th St Garland, TX 75040	Jenny Clements - Hope Clinic	469-800-2500 Hope Clinic 469-800-2522	info@hopeclinic-garland.org Jenny.Clements@BSWHealth.org	Greater Garland, Sachse, Wylie	Walk Ins Mon-Thur 7:30am-4:30pm Fri 7:30 am-3pm	Must be a resident of Garland. Must fall under the 200% poverty level set by the federal government. Can have no insurance or medical assistance of any kind.	Low income residents of Garland	Medical Services (no pre-natal or pediatrics)	N/A
Maximus	5628 SW Green Oaks Blvd Arlington, TX	Jessica Davila	800-964-2777	jessicasdavila@maximus.com	Garland, Rowlett & Mesquite	Mon-Fri	Qualified for Medicaid	Parents, children and pregnant women with Medicaid	Medicaid Benefits Education and Enrollment Assistance	Assist with finding a doctor
The Doctor Spot (GISD Partnership)	Freeman & Southgate Elementary School	Chandra Smith	972-834-2473	thedoctorspot01@gmail.com	All GISD Students	Freeman ES Thurs 8:30am-4pm Southgate ES Fri 8:30am-2pm	GISD student	Uninsured or Medicaid-eligible students	Sick & Well Visits, Immunizations, Lab Testing, Vision and Hearing Testing, Lead and Obesity Screenings	Referrals to Medical Specialist
Garland Behavioral Health	2300 Marie Curie Blvd. Garland, TX 75042	Victoria Tortovelli	972-487-5309	victoria.tortovelli@uhsinc.com	DFW	24/7	age 18+ Specialized care for seniors and older adults	Accept all insurance, medicare and medicaid	Mental health, substance abuse and crisis intervention	Inpatient & Outpatient care Communtiy Education Onsite Mental Health & Wellness Assessments at no cost

Allwell from Superior Healthplan	4001 McEwen Rd #300 Dallas, TX 75244	Torena Watts	214-601-3896	torena.d.watts@centene.com	Dallas, Tarrant, Rockwall, Collin and Denton Counties	Available by phone Mon-Fri 8:30am 6pm; call for appointment	Must be enrolled in Medicare	Medicare Advantage health insurance; see website: allwell.superiorhealthplan.com	Other divisions offer health plans for those who are eligible for Medicaid; health plans are offered on the Health Exchange.	See website
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The Warren Center	2625 Anita Dr. Garland, TX 75041	Liseth Herrera	972-490-9055	liseth.herrera@thewarrencenter.org	Northern Half of Dallas County	For clinic appointments ask for Daniela	Free evaluation with appointment	Early child intervention 0-3 yrs old Clinic 3-5 yrs old	Provide Early Childhood Intervention, Clinic-based therapy, Family Education & Support (through monthly educational workshops and parent support groups)	Community Resource Referrals
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OTHER										
Organization Name	Address	Contact Name(s)	Phone	Email	Geographic Area(s)	Hours	Service Requirements	Target population	Primary Services	Additional Services
Dallas County Comissioner	411 Elm Street Dallas, TX 75202	Theresa Daniel, County Comissioner Gabby Kidane	214-653-7834 214-653-7836	theresa.daniel@dallascounty.org tzeeggabrhan.kidane@dallascounty.org	Dallas County				Connects residents with services	

Trusted World	906 W. McDermott Sr. #116-277 Allen, TX 75013			jsheerl.p@trustedworld.org mgarrett@trustedworld.org	Collin and Dallas	Mon - Fri 9am to 5pm Drop off at any location 24/7	Apply to be a Trusted World Member - Does not work directly with public.	Nonprofits, social workers, school counselors & PD	Provides food, clothing and personal care items at no cost to organizations who provide services to Collin and Dallas County residents.	Disaster Relief and Donations Management
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